

Name: Colton Ike Merrill ATC, CPT		Grading Quarter: 1	Week Beginning: Week 9 - 9/25 - 9/29
School Year: 2023-2024		Subject: Sports Medicine and Rehabilitation 2	
M o n d a y	Notes:	<p>Objective:</p> <p>Explain the best forms of treatment for the common cold and flu viruses and their symptoms</p> <p>Identify symptoms of mild allergic reactions and common medications used in their treatments</p> <p>Identify anaphylaxis and demonstrate use of an EpiPen to treat</p> <p>Lesson Overview:</p> <p>L 3 Cold and Allergy</p> <p>L 4 Asthma.pptx</p>	Academic Sports Med CTE Standards: 5.3
T u e s d a y	Notes:	<p>Objective:</p> <p>Recognize &amp; identify the common types of medications used in society and the justifications for their use</p> <p>Identify the differences between therapeutic and recreational drugs</p> <p>Describe the 5 Rights involved in the use of medications</p> <p>Lesson Overview:</p> <p>L 5 Common Therapeutic meds.</p> <p>L 6 drug basics.pptx</p>	Academic Sports Med CTE Standards:  8.3 3.6
W e d n e s d a y	Notes:	<p>Objective:</p> <p>Learn more about contemporary ergogenic aids and their efficacy</p> <p>Understand the process and purpose of the drug testing procedures at various levels of sport</p> <p>Lesson Overview:</p> <p>L 7 Ergogenic aid cont.ppt</p> <p>L 8 Drug Testing in Sports.</p>	Academic Sports Med CTE Standards: 3.6
T h u r s d a y	Notes:	<p>Objective:</p> <p>Understand the factors that can contribute to drug abuse</p> <p>Identify drugs/medications that are commonly abused in athletics</p> <p>Assess the consequences associated with drug abuse and how to initiate treatment</p> <p>Lesson Overview:</p> <p>L 9 Drug Abuse</p> <p>L 10 Natural Supplementation.</p>	Academic Sports Med CTE Standards:  3.6

F r i d a y	Notes:	<p>Objective:</p> <p>Explain the effects that steroids, androstenedione and human growth hormone have on the body in physician-prescribed use and illicit use.</p> <p>Understand the legal requirements for release of medical records</p> <p>Lesson Overview:</p> <p>L 11 Steroids and HGH.</p> <p>L 12 Ethics.ppt -</p>	<p>Academic Sports Med CTE Standards:</p> <p>3.6</p> <p>10.6</p>
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